

## GENETIC FACTORS AFFECTING PCOS

1. Obesity
2. Hormonal Imbalances
3. Hirsutism
4. Infertility

Genetics of a person can be both,  
**Cause and Solution** for  
Diabetes.

## GENE BASED PCOS MANAGEMENT COMPRISES

1. Detailed genetic analysis
2. Detailed diet and lifestyle advice using genetic report
3. Thorough three months diet and lifestyle program
4. Comprehensive advice on :
  - Long term PCOS management
  - Nutrition required
  - Right choice of exercise
  - Skin and hair care

# DID YOU KNOW?

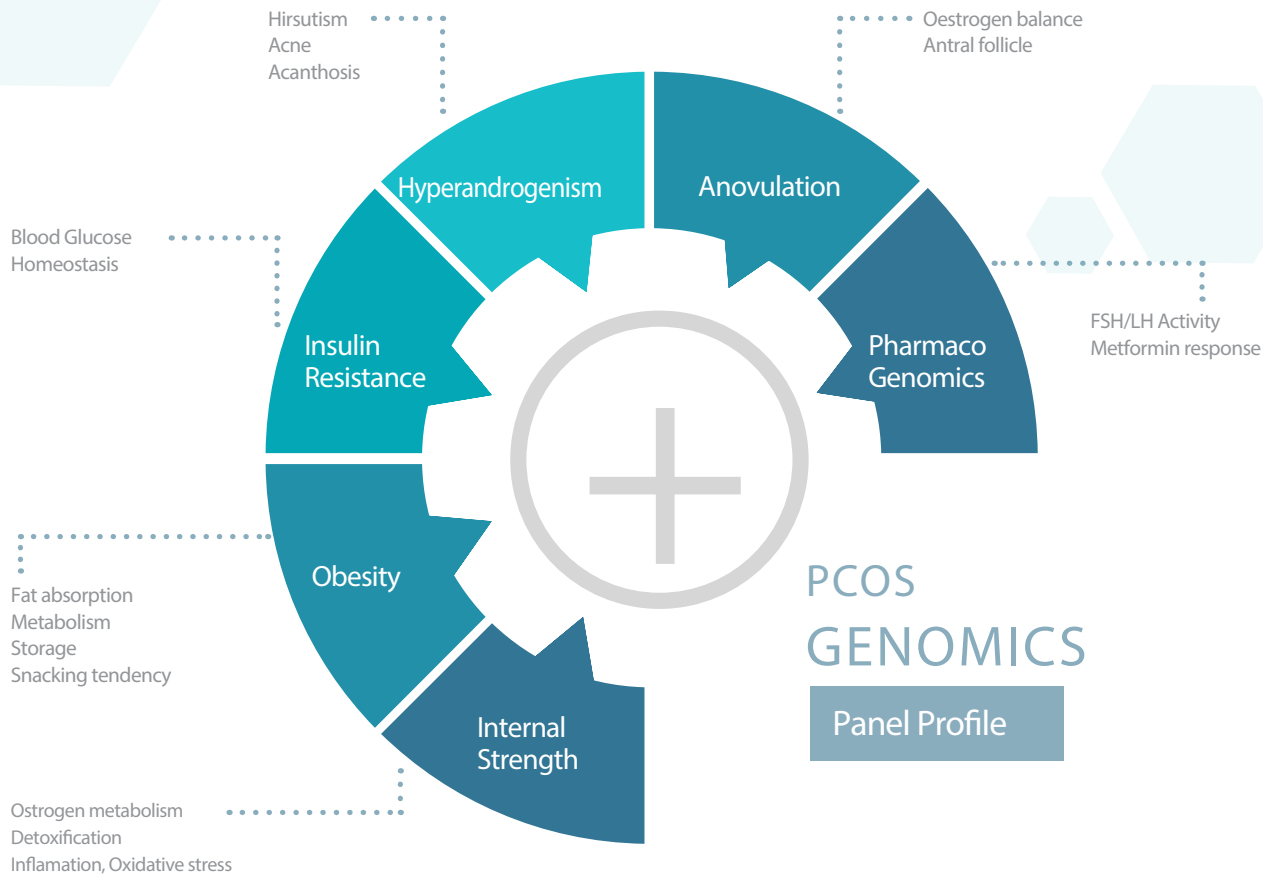
PCOS starts with genes and it can be controlled with genes...



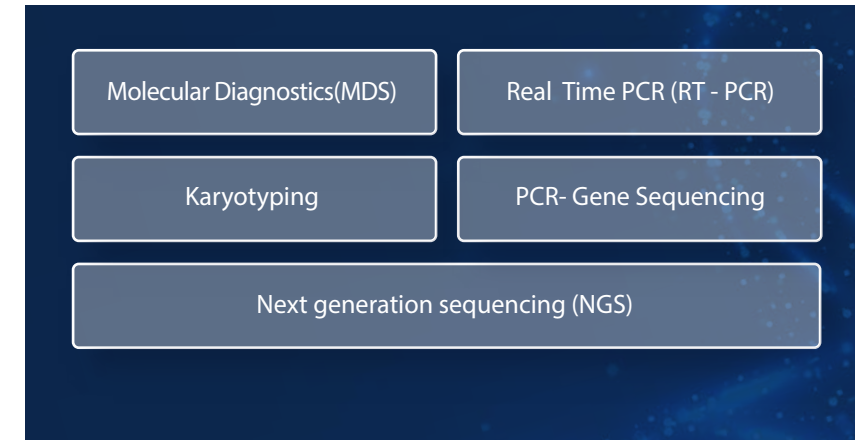
# PCOS

Take a step towards your...

**PCOS HEALTH**



## Genomic Tests Used In PCOS



## Type of Tests Used In PCOS

Name	Category	Significance	TAT
Endometrium TB PCR	Molecular Diagnostic Test (MDS)	Detection of latent Tubercle Bacilli	3 d
HPV Qualitative	Real Time-PCR (RT - PCR)	Detection of HPV in the cervical regions	3 d
HPV Genotyping	PCR Sequencing (PCR - Seq)	Determining type of HPV	5 d
MTHFR - Recurrent pregnancy loss	Real Time-PCR (RT - PCR)	Detecting MTHFR mutation for RPL management	7 d
BRCA1/2 genotyping	Next Generation Sequencing (NGS)	For prediction of ovarian, breast and uterine cancers	21 d
Karyotyping	Cytogenetics	Diagnosis of chromosomal anomalies	14 d

## PROCESS AND STEPS IN PCOS HEALTH MANAGEMENT

